



March 9, 2020

Coronavirus- What LCSD Families Need to Know

As you may know, a number of countries are experiencing outbreaks of respiratory illness caused by a new “coronavirus” (COVID-19). The Lincoln County School District is working with local and state health officials who are monitoring the situation in our country and across Nevada. We are communicating regularly with these agencies to determine the best course of action to protect our students and staff members and to ensure the educational needs of our students are met.

Below is a list of questions and answers you may find helpful:

How is the coronavirus infection spread?

Experts believe that the COVID-19 primarily spreads when an infected person coughs or sneezes. Droplets from a cough or sneeze can travel to about 6 feet. Another person can become infected if these droplets enter their mouth, nose, or eyes directly or through contaminated hands. If an infected person coughs or sneezes into their hands and then touches surfaces like phones, doorknobs, tables, or toys, those items can be contaminated.

Currently, the immediate risk to the general public in Nevada and the United States is thought to be low. The virus is not widespread in the United States. Updated information can be accessed via the CDC website:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

What are typical symptoms of coronavirus?

It may take 2-14 days for a newly infected person to show signs of becoming ill. Symptoms can range from mild to severe and include: fever, cough, and shortness of breath.

Call your healthcare provider if you develop symptoms, AND have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19. For further questions regarding COVID-19, call the Nevada state hotline at 1-775-400-0333.



How can I protect my family?

1. Stay home when you are sick, except to get medical care.
 - a. To prevent widespread illness, LCSD strongly encourages students and staff to stay home if experiencing symptoms of cold, flu, or other illness. Those symptoms may include: fever greater than 100.4 degrees, cough, difficulty breathing, headache, vomiting, diarrhea, fatigue, weakness, muscle aches, or chills.
 - b. Keep your child home for at least 24 hours after fever subsides without the use of fever-reducing medications.
 - c. Notify school for reason of absence.
2. Avoid close contact with people who are sick.
3. Cover your coughs and sneezes using a tissue, then throw tissue in the trash.
4. Wash your hands.
 - a. Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Always wash your hands with soap and water if your hands are visibly dirty.
5. Clean frequently touched surfaces and objects daily
 - a. (E.g., tables, countertops, light switches, doorknobs, and cabinet handles) using a regular household detergent and water.

What is LCSD doing to reduce the spread of illness?

- Custodians are spending extra time cleaning and disinfecting classrooms, offices, cubbies, and surfaces throughout our buildings.
- Transportation employees are conducting deep cleaning efforts on school buses.
- Nutrition services staff members are using sanitizing solutions throughout cafeterias including: tables, chairs, benches, serving lines, and door handles. All cafeterias provide hand sanitizer for students and staff.
- Teachers and staff are educating and encouraging prevention strategies, including hand washing, at appropriate times during the school day.
- LCSD is developing a plan to be used if coronavirus impacts our area, using information and guidance from local, state, and federal health authorities.

**LINCOLN COUNTY
SCHOOL DISTRICT**

SUPERINTENDENT
PAM TEEL



BOARD OF TRUSTEES

PEGGY ROWE
PATRICK KELLEY
WADE POULSEN
CAROL HANSEN
TYRUS MIZER

P.O. BOX 118 1191 EDWARDS STREET PANACA, NV 89042 PHONE (775) 728-8000 FAX (775) 728-4435

Additional Resources

Future updates for LCSD regarding coronavirus will be sent to parents via infinite campus and to staff by email.

For community questions regarding the coronavirus, a Nevada state hotline has been created: 1-775-400-0333.

Other helpful resources:

- US Centers for Disease Control and Prevention
 - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Nevada Department of Health and Human Services
 - http://dpbh.nv.gov/Programs/OPHIE/dta/Hot_Topics/Coronavirus/