

Lincoln County School District

CSR to In-Person Instruction and Continuity of Services Plan **FY 22-23**

Updated 8-30-22, Stakeholder meeting 9-12-22 and board approved 9-14-22

Approved by Louise Buettner Lincoln County Health Officer-2-24-22 and State

Updated 5-5-22 Stakeholder meeting 5-9-22 and board approved 5-11-22, updated and approved 12-8-21, Pathway Forward Board Approved 7-27-20 and 7-14-21, Low/No Spread, updated 4-15-21, Safe Return updated for FY 22 school year July 6, 2021

Level of Community Spread (as determined local health officials)	Substantial Spread	Minimal/Moderate Spread	Low/No Spread Continued Safe
<p>Practicing Prevention</p> <ul style="list-style-type: none"> Use social media and other communications to inform parents, students, and staff about COVID-19 symptoms, preventative measures, good hygiene, and school/district specific protocols COVID-19 testing <p>CDC Guidance</p> <ul style="list-style-type: none"> How to Protect Yourself and Others COVID-19 Symptoms COVID-19 and Children Communication Tools Center for Disease Control Guidance for State and Local Health Officials and School Administrators for School Responses to Flu. <p>Crisis Contacts: Rural Mobile Crisis Response Team (RMCRT) (702) 486-7865</p>	<p>District/School Considerations:</p> <ul style="list-style-type: none"> Use social media and other communications to inform parents, students, and staff about COVID-19 symptoms, preventative measures, good hygiene, and school/district specific protocols COVID-19 testing <p>CDC Guidance</p> <ul style="list-style-type: none"> How to Protect Yourself and Others COVID-19 Symptoms COVID-19 and Children Communication Tools Center for Disease Control Guidance for State and Local Health Officials and School Administrators for School Responses to Flu. <p>Crisis Contacts: Rural Mobile Crisis Response Team (RMCRT) (702) 486-7865</p>	<p>District/School Considerations:</p> <ul style="list-style-type: none"> Teach and reinforce good hygiene measures such as handwashing, covering coughs, and face coverings Provide hand soap and hand sanitizer with at least 60% alcohol, paper towels, and no-touch trash cans in all bathrooms, and frequently trafficked areas Post signage in classrooms, hallways, and entrances to communicate how to stop the spread, COVID-19 symptoms, preventative measures (including staying home when sick), good hygiene, and school/district specific protocols Clean/disinfect frequently touched surfaces at least daily and shared objects after each use Provide masks and other appropriate PPE to staff and students. If required by outbreak status they should be worn properly and consistently. Allow students and staff to bring hand sanitizer and face masks/coverings to use from home 	<p>District/School Considerations:</p> <ul style="list-style-type: none"> Continue good hygiene measures such as handwashing, and covering coughs. Face coverings are recommended but not required and will be provide as requested (available to all). If worn they should be worn properly, with the understanding masking shortens the isolation and quarantine period if worn correctly. Provide hand soap and hand sanitizer with at least 60% alcohol, paper towels, and no-touch trash cans in all bathrooms, classrooms, and frequently trafficked areas. Post signage in classrooms, hallways, and entrances to communicate how to stop the spread, COVID-19 symptoms, preventative measures (including staying home when sick), good hygiene, and school/district specific protocols. Provide and promote social distancing where practical. Clean/disinfect frequently touched surfaces at least daily and shared objects after each use. Continue ensuring all drinking water systems are safe and clean. Continue ensuring ventilation systems are maintained and continue increased air flow. Continue deep cleaning as required.

	<p>Safe Voice: 1-833-216-SAFE (7233) http://safevoicenv.org/</p> <p>Lincoln Counseling and Supportive Services (LCSS) (775) 962-8089 Grover C. Dillis Medical Center (GCDMC) (775) 726-3171</p> <p>Nevada Department of Education Nevada's Path Forward: A Framework for a Safe, Efficient, and Equitable Return to School Buildings http://www.doe.nv.gov/uploadedFiles/nde/ndoenvgov/content/News_Media/Press_Releases/2020_Documents/Nevada_Path_Forward.pdf</p> <p>Return to School</p> <ul style="list-style-type: none"> Established a Return to School Committee Roadmap for Wellness 	<ul style="list-style-type: none"> Take steps to ensure all water systems and features are safe Turn off water fountains and allow students and staff to bring water bottles from home. Ensure ventilation systems operate properly and increase circulation of outdoor air as much as possible, as long as this does not pose a safety or health risk to students or staff. Conduct deep cleaning of schools prior to students/staff returning; schedule additional cleanings. <p>*District will follow county government or local health authority.</p> <ul style="list-style-type: none"> Outbreaks, Defined, Declaration and notification, Mitigation measures, Monitored, and Criteria to reopen are attached in LCSD Outbreak Protocols FY22. 	<ul style="list-style-type: none"> Continue screening COVID testing as needed. Staff and Students were all given 4 boxes of 2 home test kits 8 tests, the last week of April. August 16th school start staff and students can access 4 boxes of 2 home kits from their school sites. Contact tracing in combination with quarantine as needed. Continue working with local health department and local hospital to provide vaccinations to school community. Positive case reported to Local Health Authority. Outbreaks, Defined, Declaration and notification, Mitigation measures, Monitored, and Criteria to reopen are attached in LCSD Outbreak Protocols FY22 and FY 23.
<p>Transporting Students</p>	<p>School buildings are closed:</p> <p>No transportation</p>	<p>District/School Considerations:</p> <ul style="list-style-type: none"> Provide hand sanitizer for students and bus drivers Provide face masks for bus drivers; allow students to wear face masks/coverings Screen students and bus drivers for symptoms of illness and utilize spaced seating (to the extent practicable) Pick up students at school locations when possible, to easy staff assisting with temp checks Eliminate field trips Clean and disinfect frequently touched surfaces on the bus at least daily Establish protocols for bus stops, loading/unloading students to minimize congregation of children from different households <p>CDC Guidance</p> <ul style="list-style-type: none"> What Bus Operators Need to Know 	<ul style="list-style-type: none"> Federal public transportation mask mandate, provide PPE for bus drivers and students. Provide hand sanitizer for students and bus drivers. Screen students for symptoms of illness as they enter the bus and utilize spaced seating (to the extent practicable). Clean and disinfect frequently touched surfaces on the bus at least daily.

<p>Entering School Buildings</p>	<p>School buildings are closed; districts should require only that essential staff report in-person to carry out functions that are absolutely necessary.</p> <p>District/School Considerations:</p> <ul style="list-style-type: none"> District/school leaders must remain vigilant and purposeful as they determine roles, responsibilities, and reporting requirements for staff, refraining from blanket reporting requirements District/school leaders should leverage virtual tools and platforms wherever possible to conduct essential business and keep in-person reporting to an absolute minimum during school closures <p>Nevada Department of Education Nevada's Path Forward: A Framework for a Safe, Efficient, and Equitable Return to School Buildings LCSO Emergency Operations Plan -2020</p>	<p>District/School Considerations:</p> <ul style="list-style-type: none"> Post signage in classrooms, hallways, and entrances to communicate how to stop the spread of COVID-19 symptoms, preventative measures (including staying home when sick), good hygiene, and school/district specific protocols Establish a protocol for students/staff who feel ill/experience symptoms when they come to school (see When a Child, Staff Member, or Visitor Becomes Sick at School) Mark spaced lines to enter the building and designate entrance and exit flow paths Screen students and staff (to the extent practicable): Take temperatures ideally before entering buildings Isolate and send home if internal temperature over 100.4°F (38°C) Consider safety and privacy concerns (confidentiality should be maintained) Establish a protocol for visitors/volunteers: calling the front office before entering, screening visitors, requesting use of face coverings/masks, etc. Restrict nonessential visitors and volunteers Establish a protocol for student pick/drop up: staggered entry and release (by grade, family, etc.) 	<ul style="list-style-type: none"> Post signage in classrooms, hallways, and entrances to communicate how to stop the spread of COVID-19, the symptoms, preventative measures (including staying home when sick), good hygiene, and school/district specific protocols when ill. Follow the protocols for students/staff who feel ill/experience symptoms when they come to school (see When a Child, Staff Member, or Visitor Becomes Sick at School) Screen students and staff (to the extent practicable): Consider safety and privacy concerns (confidentiality should be maintained) Follow protocols for visitors/volunteers: calling the front office before entering, and screening visitors.
<p>Serving Meals</p>	<p>School buildings are closed.</p> <p>District/School Considerations:</p> <p>Practice established social distancing protocols.</p> <p>Provide PPE to participating staff</p> <p>NDE Guidance</p> <p>Nevada Department of Education Nevada's Path Forward: A Framework for a Safe, Efficient, and Equitable Return to School Buildings *Subject to USDA meal waiver approval</p>	<p>District/School Considerations:</p> <ul style="list-style-type: none"> Allow student hand washing before and after meal service Provide hand sanitizer for students and staff Use disposable plates, utensils, etc. Mark spaced lines to enter the cafeteria and serving lines (to the extent practicable); designate entrances and exit flow paths; stagger use Conduct cleaning of cafeterias and high-touch surfaces throughout the school day <p>Alternative Serving Models:</p> <ul style="list-style-type: none"> Serving meals in classrooms Serving meals in cafeterias with: 	<ul style="list-style-type: none"> Allow student hand washing before and after meal service. Provide hand sanitizer for students and staff. Use disposable plates, utensils, etc. Continue spacing and social distancing in lines and seating (to the extent practicable). Conduct cleaning of cafeterias and high-touch surfaces throughout the school day Food Service will be offered and provided to Regular Distance Education Program students.

			<ul style="list-style-type: none"> • Spaced serving lines (marked on floors) • Spaced seating (utilize outdoor space as practicable and appropriate) • Longer meal periods for more staggered meal delivery (utilizing state seat time waiver to extend meal periods) • Consider pre-packaged boxes or bags for each student instead of traditional serving lines. Avoid sharing of foods and utensils. 	
Transitioning	School buildings are closed.	District/School Considerations: <ul style="list-style-type: none"> • Limit mixing between groups (to the extent practicable) • For class changes and other transitions throughout the school day: Provide additional time for transitions (utilizing state seat time waiver to extend transition period) • Designate areas of the hallway (i.e. lanes) as flow paths to keep students separated students to minimize congregation of students • Plan staggered class (ex: by hall, odd/even room numbers, grade) • Have the same group of students stay with the same staff (all day for young children and as much as feasible for older children) 	District/School Considerations: <ul style="list-style-type: none"> • Comply to the maximum number of people allowed to congregate as defined by the Governor's current statewide Executive Order • Discourage the congregation of students in parking lots and common areas • Stagger the schedule for large group gatherings (i.e. recess and school meals) • Identify and utilize large spaces (i.e. gymnasiums, auditoriums, outside spaces – as weather permits) for social distancing 	<ul style="list-style-type: none"> • Continue to implement student centered personalized learning and the Empower goals set by LCSD School Board Trustees. • Continue LCSD Alternative/Distance Education Program for students who have chosen or chose that programming.
Conducting Large Group Gatherings	School buildings are closed. District/School Considerations: Abide by the maximum number of people allowed to congregate as defined by the Governor's current statewide Executive Order	District/School Considerations: <ul style="list-style-type: none"> • Comply to the maximum number of people allowed to congregate as defined by the Governor's current statewide Executive Order • Discourage the congregation of students in parking lots and common areas • Stagger the schedule for large group gatherings (i.e. recess and school meals) • Identify and utilize large spaces (i.e. gymnasiums, auditoriums, outside spaces – as weather permits) for social distancing 	District/School Considerations: <ul style="list-style-type: none"> • Comply to the maximum number of people allowed to congregate as defined by the Governor's current statewide Executive Order • Discourage the congregation of students in parking lots and common areas • Stagger the schedule for large group gatherings (i.e. recess and school meals) • Identify and utilize large spaces (i.e. gymnasiums, auditoriums, outside spaces – as weather permits) for social distancing 	<ul style="list-style-type: none"> • Continue to implement student centered personalized learning and the Empower goals set by LCSD School Board Trustees. • Continue LCSD Alternative/Distance Education Program for students who have chosen or chose that programming.
Supporting Teaching and Learning	School buildings are closed. District/School Considerations:	District/School Considerations: <ul style="list-style-type: none"> • Comply to the maximum number of people allowed to congregate as defined by the Governor's current statewide Executive Order • Discourage the congregation of students in parking lots and common areas • Stagger the schedule for large group gatherings (i.e. recess and school meals) • Identify and utilize large spaces (i.e. gymnasiums, auditoriums, outside spaces – as weather permits) for social distancing 	District/School Considerations: <ul style="list-style-type: none"> • Comply to the maximum number of people allowed to congregate as defined by the Governor's current statewide Executive Order • Discourage the congregation of students in parking lots and common areas • Stagger the schedule for large group gatherings (i.e. recess and school meals) • Identify and utilize large spaces (i.e. gymnasiums, auditoriums, outside spaces – as weather permits) for social distancing 	<ul style="list-style-type: none"> • Continue to implement student centered personalized learning and the Empower goals set by LCSD School Board Trustees. • Continue LCSD Alternative/Distance Education Program for students who have chosen or chose that programming.

<ul style="list-style-type: none"> • Implement a Distance Learning Plan/Empower LMS • Distribute printed instructional packets/ materials and district/school communications along with meals; designate and communicate collection/drop off points <p>Resources</p> <ul style="list-style-type: none"> • Digital Learning Plan template (Empower LMS, Modern Teacher) • Deploying Devices, Ensuring Connectivity, and Expanding Access • Distance Learning Resources • Individualized Digital Learning Plan for students with disabilities • Educator's Guide to Safe and Effective Video Conferencing (Education Week) • LCSD WiFi locations across Lincoln County • Equity Considerations During and After COVID-19 School Closures • Countering Coronavirus Stigma and Racism: Tips for Teachers and Other Educators • Countering COVID-19 (Coronavirus) Stigma and Racism: Tips for Parents and Caregivers • Nevada Department of Education Nevada's Path 	<p>Program for the 2020-2021 school year; schools will offer their own online curriculum through LMS/Summit (Emergency Distance Education) or enroll students through LCSD Regular Distance Education Program (OdysseyWare/Edgenuity)</p> <p>Traditional Instructional Model</p> <ul style="list-style-type: none"> • Schools can deliver traditional instruction under Minimal/Moderate Spread by implementing the recommendations outlined in this guidance. District or school-wide distance/remote learning is allowable and a local decision. • Use the master schedule to balance class numbers as much as possible • Remove unused desks and furniture in classrooms; maximize social distancing (to the extent practicable) • Limit physical interaction through partner or group work • Establish distance between the teacher's desk/board and students' desks • Identify and utilize large spaces (i.e. gymnasiums, auditoriums, outside spaces – as weather permits) for social distancing • Establish an academic baseline: Administer formative assessments toward the start of the school year (NWEA MAP) • Conduct meetings with teachers to identify where students are academically • Use Social and Emotional resources <p>Hybrid Instructional Model</p> <ul style="list-style-type: none"> • Hybrid models should only be implemented if absolutely necessary and after factoring in additional logistical requirements/costs as well as day care requirements placed on working families and unnecessary burden on staff. Consider allowing special education students to continue in person instruction as these students often rely on daily routines and social interactions to address their individual learning needs 	<ul style="list-style-type: none"> • Continue social emotional services for staff and students including: Leader In Me, Seven Habits staff trainings, House System, and following Restorative Justice guidance. • Continue as needed the education of students in Quarantine and Isolation per NDE guidance on and regulation--Follow policy on absences for illness.
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<p>Supporting Teaching and Learning</p>	<p>Professional Learning for Teachers</p> <ul style="list-style-type: none"> • Empower LMS training • Modern Teacher PD • Supporting Students with Disabilities/Language Learners Online <p>American School Counselor Association</p> <ul style="list-style-type: none"> • School Counseling During COVID-19: Online Lessons and Resources <p>School Library Media Specialists</p> <ul style="list-style-type: none"> • School Media Specialists Can Help During Crisis (School Library Journal) • Digital Resource Ideas (GLMA) 	<p>Professional Learning for Teachers</p> <ul style="list-style-type: none"> • Empower LMS training • Modern Teacher PD • Supporting Students with Disabilities/Language Learners Online <p>Prepare for potential future distance/remote learning by increasing current blended learning: Develop a digital learning plan</p> <p>Integrate virtual learning practices:</p> <ul style="list-style-type: none"> • digitizing lessons (modern curriculum in Empower LMS) • requiring a certain number of online assignments for each grading period • Provide virtual learning-specific professional learning for educators: • Making the Shift to Online Teaching and Learning • Supporting Students with Disabilities Online 	<p>Continue all LCSD Empower Professional Development, ongoing and planned for the year.</p>
<p>Supporting students social emotional mental health</p>	<p>LCSD employs counselors to be available at all of our school sites.</p> <p>Other available resources include:</p> <ul style="list-style-type: none"> • Leader in Me district wide • Safe Voice • Suicide Prevention Hotline 	<p>LCSD employs counselors to be available at all of our school sites.</p> <p>Other available resources include:</p> <ul style="list-style-type: none"> • Leader in Me district wide • Safe Voice • Suicide Prevention Hotline 	<p>LCSD employs counselors to be available at all of our school sites.</p> <p>Other available resources include:</p> <ul style="list-style-type: none"> • Leader in Me district wide • Safe Voice • Suicide Prevention Hotline

<p>Supporting staff social emotional mental health</p>	<p>LCS D provides an Assistance Employee Program which includes: Professional, confidential support services and information of life area, such as: Family, Alcohol/Drugs, Anxiety, Managing Stress, Parenting, Grief, Relationships, Abuse Depression, Aging, Depression, Grief, Relationships, Abuse These services are provided at no out-of-pocket cost to employees and also include online tools and information. Monthly information is sent to all employees. LCS D provided 7 Habits training at beginning of year with resources to continue through the year with Lead in Me district wide.</p>	<p>LCS D provides an Assistance Employee Program which includes: Professional, confidential support services and information of life area, such as: Family, Alcohol/Drugs, Anxiety, Managing Stress, Parenting, Workplace, Aging, Depression, Grief, Relationships, Abuse These services are provided at no out-of-pocket cost to employees and also include online tools and information. Monthly information is sent to all employees. LCS D provided 7 Habits training at beginning of year with resources to continue through the year with Lead in Me district wide.</p>	<p>LCS D provides an Assistance Employee Program which includes: Professional, confidential support services and information of life area, such as: Family, Alcohol/Drugs, Anxiety, Managing Stress, Parenting, Workplace, Aging, Depression, Grief, Relationships, Abuse These services are provided at no out-of-pocket cost to employees and also include online tools and information. Monthly information is sent to all employees. LCS D provided 7 Habits training at beginning of year with resources to continue through the year with Lead in Me district wide.</p>
<p>Contact tracing</p>	<p>see attached LCS D procedures LCS D COVID 19 Quarantine and Isolation</p>	<p>see attached LCS D procedures LCS D COVID 19 Quarantine and Isolation</p>	<p>Continue any procedures for Quarantine and Isolation as needed, see attached.</p>
<p>Diagnostic Screening and testing</p>	<p>See attached LCS D procedures LCS D Procedures for an illness at school or home</p>	<ul style="list-style-type: none"> See attached LCS D procedures Weekly or biweekly screening test (Colors) offered to not fully vaccinated staff or students. Rapid testing available at Grover C. Dils clinics 	<p>Continue to follow procedures of illness at school and when to stay home as needed, see attached.</p> <ul style="list-style-type: none"> Weekly screening test (Colors) offered to not fully vaccinated staff. Rapid testing available at Grover C. Dils clinics for all staff and students. Home test kits were given to staff and students.
<p>Efforts to provide vaccination to school community</p>	<p>Efforts are currently underway in collaboration with Grover C Dils and other community partners to provide vaccination opportunities for students and staff and the school community. GCD's advertise and will make available to district staff, students and community.</p>	<p>Efforts are currently underway in collaboration with Grover C Dils and other community partners to provide vaccination opportunities for students and staff and the school community. GCD's advertise and will make available to district staff, students and community.</p>	<p>Continue all efforts and opportunities to immunize students. Share information to staff and school community on vaccines. Assist Grover C Dils in school opportunities to immunize or vaccinate students and or staff.</p>
<p>Protecting Vulnerable Populations</p> <p>* Vulnerable Populations – Elderly individuals and/or individuals with serious underlying health conditions, including high blood pressure, chronic lung</p>	<p>School buildings are closed. See Entering School Buildings for district/school staff guidance. District/School Considerations: Workers Don't Report to Work Due to COVID-19. Contact Sharon Dirks sdirks@lcsdnv.com for employee interactive process. Nevada Department of Education</p>	<p>District/School Considerations:</p> <ul style="list-style-type: none"> Survey at-risk staff members to gauge their intentions in returning to work while maintaining confidentiality consistent with the Americans with Disabilities Act (ADA) and other applicable federal and state privacy laws. Contact Sharon Dirks sdirks@lcsdnv.com for confidential interactive employee process. Survey families with vulnerable children to gauge their intentions in returning to a 	<ul style="list-style-type: none"> IEP teams work with the school nurse, licensed health care provider, and parent/guardian to determine if it is in the best interest of the student to be in person for instruction. (Medically fragile students are considered a vulnerable COVID-19 population) A plan for updating Individualized Education Plans (IEPs) and/or 504 Plans of students with special needs has been developed to ensure that education can continue without undue risk to the student. This plan includes a method for proactive school contact with parents at the beginning of the school year or during the year if needed to assure that issues related to the students' education

<p>disease, diabetes, obesity, asthma, and those whose immune system is compromised such as by chemotherapy for cancer and other conditions requiring such therapy.</p>	<p>Nevada's Path Forward: A Framework for a Safe, Efficient, and Equitable Return to School Buildings http://www.doe.nv.gov/uploadedFiles/nde_doenvgov/content/News_Media/Press_Releases/2020_Documents/Nevada_Path_Forward.pdf</p> <p>CDC guidelines and updates-CDC website and NDE/state guidelines/updates National Association of School Nurses</p> <ul style="list-style-type: none"> • Role of school nurses, providing care, and participating in return to school planning <p>Employee Assistance Program available to all staff members</p>	<p>traditional school setting while maintaining confidentiality consistent with the Americans with Disabilities Act (ADA) and other applicable federal and state privacy laws</p> <ul style="list-style-type: none"> • Provide remote/distance learning opportunities for vulnerable student populations in consultation with parents and public health officials • Consult with local board attorneys and district human resources officials to offer special accommodations (such as an alternative teaching assignment) for personnel who are members of vulnerable populations • Adhere to FERPA and HIPPA requirements • Adhere to state and federal employment law and extended leave allowances • Offer an Employee Assistance Program to all staff members 	<p>and safety are being addressed. Modifications to individual IEPs and 504 plans may involve remote learning, modifications to the classroom to accommodate student needs, school attendance in a separate area with few students, or a hybrid approach combining in-class and remote learning.</p> <ul style="list-style-type: none"> • Assist in plans for high risk adults or students, including LCSD Distance Education Program. • Continue staff protocols with interactive ADA process. • Contact Sharon Dirks sdirks@lcsdny.com for confidential interactive employee process.
<p>Process and timeline for review and revision</p>		<p>*This process will allow for the continual review of input from our community, allowing LCSD to prepare and post on the District's website any revisions to this plan no later than: December 15, 2021, June 15, 2022, December 15, 2022, and June 15, 2023</p>	<p>Continue the process for continual review of input from our community, allowing LCSD to prepare and post on the District's website any revisions to this plan no later than: December 15, 2021, June 15, 2022, December 15, 2022, and June 15, 2023</p>

District will provide plan in language requested and accessible in an alternative format if requested by parent.

District will follow county government or local health authority.

*District Advisory Board meetings will be held for the continual review no later: December 15, 2021, June 15, 2022, December 15, 2022, and June 15, 2023

LCSD Board of Trustees approved initial plan with Superintendent authority to update as needed.

Lincoln County School District Outbreak Protocols FY 22 – FY 23

Outbreak description: Multiple cases comprising at least 10% of students, teachers, or staff, within a specified core group* OR at least four (4) cases within a specified core group* meeting criteria for a probable or confirmed school-associated COVID-19 case with symptom onset or positive test result within 14 days of each others; who were not identified as close contacts of each other in another setting (i.e. household) outside of the school setting; AND epidemiologically linked in the school setting or a school-sanctioned extracurricular activity.

* A "core group" includes but is not limited to extracurricular activity†, cohort group, classroom, before/after school care, etc.) † A school sanctioned extracurricular activity is defined as a voluntary activity sponsored by the school or local education agency (LEA) or an organization sanctioned by the LEA. Extracurricular activities include, but are not limited to, preparation for and involvement in public performances, contests, athletic competitions, demonstrations, displays, and club activities. § For onset, use symptom onset date whenever available. If symptom onset date is unknown or if a case is asymptomatic, use specimen collection date for the first specimen that tested positive. The 14-day period refers to 14 days before the date of first symptom onset or first positive test sample.

Students and staff who are following the reduced quarantining and isolation guidelines in LCSD's Health and Safety Protocols will be required to wear a face covering when returning to school for the duration of those guidelines.

Protocols for tracking and reporting outbreaks

- School staff will notify the District School Nurse of all positive cases identified and District School Nurse will report to NV DHHS via Redcap portal.
- In cases of approaching Outbreak status, District School Nurse will notify the building principal along with the superintendent to increase messaging frequency to all mitigation strategies in place in the building/district. The District School Nurse will also stay in communication with the NV DHHS epidemiological team.
- When possible parental and student notifications will occur if the number of cases increases to within 2% of the threshold (10%) so that all parties can take any action needed to decrease transmission.
- At 10%, the school with impact will return to full face covering requirement (with the exception of students at PK) and will ensure that all mitigation strategies in place are being followed in consultation with the building principal, District School Nurse, and Superintendent. The District School Nurse will also notify the NV DHHS epidemiological team of any outbreak statuses declared.
- The district will monitor the case counts over the rolling 14-day window to ensure that the case count falls below 10% for at least 14 days and will then close the outbreak.
- The District School Nurse will notify the NV DHHS epidemiological team of any outbreak closures as well as the superintendent of schools. The school administrator will ensure that all families, students, and staff, are notified of the end of the outbreak as well through our Infinite Campus Messenger system as well as email.

**NEVADA DEPARTMENT OF HEALTH AND HUMAN SERVICES
2022-23 COVID-19 GUIDELINES IN K-12 SCHOOL SETTINGS**

ISOLATION (FOR THOSE THAT TEST POSITIVE FOR COVID-19):

Any individual who tests positive for COVID-19, regardless of whether they are symptomatic and regardless of whether they are up to date on COVID-19 vaccines, must isolate at home for a minimum of 5 days. If they are asymptomatic or have resolving symptoms* after 5 days, they can discontinue isolation but must continue to wear a well-fitting mask around others for 5 additional days or until two sequential negative antigen tests have been taken 48 hours apart.

***DHHS defines resolving symptoms as:**

At least 24 hours have passed with no fever and without the use of fever-reducing medicine; and other symptoms are improving (loss of taste and smell might last for weeks or months after recovery but should not delay ending isolation).

When does Isolation start?

- If you are asymptomatic (never develop symptoms), day 0 is the day you were tested (not the day you received your positive test result), and day 1 is the first full day following the day you were tested. People who never develop symptoms should isolate for a full 5 days after their first positive COVID-19 test (i.e., days 0 through 5). Wear a well-fitting mask for 10 days following your positive test result (if asymptomatic) to limit spread when around others at home and in public. If you develop symptoms soon (i.e., within a week) after your positive test result, the clock restarts at day 0 on the day of symptom onset.
- If you have symptoms, day 0 of isolation is the day of symptom onset, regardless of when you tested positive, and day 1 is the first full day following the day your symptoms started. Persons with symptoms should isolate for a full 5 days after symptom onset (i.e., days 0 through 5) and until symptoms have improved. If you continue to have fever or your other symptoms have not improved after 5 days of isolation, you should wait to end your isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved. Additionally, you should wear a well-fitting mask for 10 days following your onset of symptoms or until you have two sequential negative antigen test results taken 48 hours apart, to limit spread to others in the home or other close contacts.

ISOLATION/EXCLUSION CRITERIA FOR SYMPTOMATIC PERSONS THAT HAVE NOT TESTED POSITIVE FOR COVID- 19:

1. A person that is symptomatic and does not have a COVID-19 test can return to school if:

- At least 24 hours have passed without a fever (measured temperature of 100.4 F or greater) *without* the use of fever reducing medications and an improvement of other symptoms. **AND**
 - At least 5 days have passed since the individual first displayed symptoms of COVID-19 **AND**
 - At least 5 days of well-fitted masking should be employed following recovery defined by the above scenarios.
2. A person that is symptomatic and has a different lab-confirmed diagnosis (e.g., RSV, flu, other) with either a negative COVID-19 test or COVID-19 testing was not performed can return to school if:
- They follow protocol for their diagnosed illness (if applicable) **AND**
 - At least 24 hours have passed without a fever (measured temperature of 100.4 F or greater) and *without* the use of fever reducing medications and an improvement of other symptoms.

PLEASE NOTE:

Quarantine is no longer recommended for people who are exposed to COVID-19 (except in certain high risk settings). Individuals who may have been exposed, but are not symptomatic and have not tested positive for COVID-19 may stay in school.

RESOURCES

NV DHHS 2022-23 COVID-19 Guidelines for Prevention and Control in K-12 Settings

- <https://media.southernnevadahealthdistrict.org/download/COVID-19/resources/school-related/20220818-DHHS-COVID-School-Guidance.pdf>

LET'S STAY IN SCHOOL

(And keep COVID-19 out!)



Knowing how to handle COVID-19-related questions and situations in advance, and providing consistent, accurate information to families will help our schools stay safe. Here's what you need to know.

1 COVID-19 in-school practices

- Social distancing
- Hand sanitation stations
- Frequent hand washing intervals
- Daily sanitation in high touch areas
- Promoting vaccination uptake among students and staff
- Improving ventilation in classrooms and common areas
- Optional mask wearing
- Social and emotional support
- School closure plan including distanced learning in case of a local outbreak

2 COVID-19 testing

Advise families to keep at-home tests on hand. At-home, point of care (POC) and PCR tests are widely available.

Here are some resources to find tests:

- Health and fire districts, health care clinics, pharmacies, civic centers, libraries
- Free tests delivered to your home: usps.com/covidtests
- Free point-of-care and at-home tests delivered to your school: [School COVID Testing Resources \(nv.gov\)](https://nvhealthresponse.nv.gov/find-covid-19-testing-in-nevada)
- Community at-home and PCR testing sites: nvhealthresponse.nv.gov/find-covid-19-testing-in-nevada

3 When to stay home

If a student, teacher or staff presents with symptoms, or [tests positive for COVID-19 \(nvhealthresponse.nv.gov/covid-19-positive\)](https://nvhealthresponse.nv.gov/covid-19-positive), they need to stay home and self-isolate for a minimum 5 days and may return once they have been fever-free for 24 hours. A well-fitting mask should be worn days 6-10 when possible. For help identifying quarantine/isolation periods, please utilize [CDC's Quarantine and Isolation Calculator \(cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation\)](https://cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation).

Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*Source: [CDC.gov](https://cdc.gov)

4 COVID-19 vaccines

COVID-19 vaccines reduce hospitalizations, severe illness, and interrupted learning due to COVID-19. COVID-19 vaccination is recommended, but not required in Nevada schools. There are many convenient [vaccination events \(nvcovidfighter.org/event-list\)](https://nvcovidfighter.org/event-list) throughout the state.

Here's what you need to know:

- Primary series vaccines: recommended for children 6 months and older
- Boosters: recommended for children 5 years and older
- Kids 12 and older can get vaccinated at most pharmacies
- [Online Vaccine locator \(nvcovidfighter.org/covid-19-vaccine-locator\)](https://nvcovidfighter.org/covid-19-vaccine-locator)

5 COVID-19 treatment and resources

For people who have additional questions about COVID-19, encourage them to talk to their health care provider immediately. Sensitive groups may need immediate therapeutic care. For further information, they can call (800) 401-0946 between 7:00 AM to 8:00 PM, seven days a week.

Additional resources:

- cdc.gov/coronavirus/2019-nCoV
- doe.nv.gov
- nvcovidfighter.org

Back to school. Back to basics, like good health. Have a great year.

QUEDÉMONOS EN LA ESCUELA.

(¡y mantengamos el COVID-19 fuera!)



Saber manejar las cuestiones y situaciones relativas al COVID-19 con anticipación, y ofrecer información confiable y precisa a las familias contribuirá con la seguridad de nuestra escuela. Esto es lo que debe saber.

1 Prevención del COVID-19 en la escuela

Estas son algunas prácticas de prevención del COVID-19 que debe considerar su escuela:

- Distanciamiento social
- Estaciones de lavado de manos
- Intervalos frecuentes para lavarse las manos
- Desinfección diaria de las superficies de alto contacto
- Fomentar la vacunación de los estudiantes y el personal
- Mejorar la ventilación de las aulas y áreas comunes
- Uso opcional de mascarillas
- Apoyo socioemocional
- Plan de cierre de escuelas e instrucción sobre el aprendizaje a distancia en caso de un brote local

2 Pruebas de COVID-19

Recomiende a las familias que tengan a mano pruebas para hacer en casa. Las pruebas para hacer en casa, en centros de atención (POC) y las pruebas PCR están disponibles.

Estos son algunos recursos para acceder a las pruebas:

- Distritos de salud y de bomberos, clínicas de atención médica, farmacias, centros cívicos, bibliotecas
- Pruebas gratis para su hogar: usps.com/covidtests
- Pruebas para centros de atención y para casa que se entregan en su escuela: [Recursos de pruebas de COVID para escuelas](#)

- Sitios comunitarios de pruebas para casa y pruebas PCR: nvhealthresponse.nv.gov/find-covid-19-testing-in-nevada

3 Cuando quedarse en casa

Si un estudiante, maestro o miembro del personal presenta síntomas o [da positivo de COVID-19](#), debe quedarse en casa y aislarse por un mínimo de 5 días, pudiendo volver después de no presentar fiebre durante 24 horas. Si es posible, usar una mascarilla bien ajustada entre el día 6 al 10. Para comprender mejor los periodos de cuarentena/aislamiento, consulte la [Calculadora de cuarentena y aislamiento de los CDC](#).

Los síntomas incluyen:

- Fiebre o escalofríos
- Tos
- Falta de aire o dificultad para respirar
- Fatiga
- Dolores musculares o corporales
- Dolor de cabeza
- Pérdida reciente del gusto o el olfato
- Dolor de garganta
- Congestión o goteo nasal
- Náuseas o vómitos
- Diarrea

*Source: [CDC.gov](https://www.cdc.gov)

4 Vacunas de COVID-19

Las vacunas de COVID-19 reducen las hospitalizaciones, las enfermedades graves y la interrupción del aprendizaje a causa del COVID-19. Las escuelas de Nevada recomiendan pero no exigen vacunarse contra el COVID-19. Hay muchas y prácticas [oportunidades para vacunarse \(nvcovidfighter.org/event-list\)](#) en todo el estado.

Esto es lo que debe saber:

- Serie primaria de vacunación: se recomienda para niños de 6 meses en adelante
- Refuerzos: se recomiendan para niños mayores de 5 años
- Los niños mayores de 12 años pueden vacunarse en la mayoría de las farmacias
- [Localizador de vacunas en línea \(nvcovidfighter.org/covid-19-vaccine-locator\)](#)

5 Recursos y tratamiento del COVID-19

Indique a las personas que tengan más preguntas sobre el COVID-19 que hablen con su proveedor de salud de inmediato. Los grupos de riesgo podrían requerir atención terapéutica inmediata. Para obtener más información, pueden llamar al (800) 401-0946, de 7:00 A. M. a 8:00 P. M., los siete días de la semana.

Recursos adicionales:

- [cdc.gov/coronavirus/2019-nCoV](https://www.cdc.gov/coronavirus/2019-nCoV)
- doe.nv.gov
- nvcovidfighter.org

Regreso a la escuela. Regreso a lo básico, como la buena salud. Que tengan un estupendo año.

COVID-19 PREPAREDNESS

Moving Forward



As we welcome the new school year, we also welcome your vigilant efforts to keep your child, our teachers and staff, and the entire student body healthy. To that end, here are some ways to help keep COVID-19 out of our schools.

1 Be ready to test

To slow the spread of COVID-19, it's important to test early and regularly following symptom onset or exposure to a confirmed COVID-19 case. Keep at-home tests on hand. Whether your child has symptoms (see below) or not, an at-home rapid test can help rule out or confirm COVID-19.

Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*Source: [CDC.gov](https://www.cdc.gov)

Where to find COVID-19 tests:

- Health and fire districts, health care clinics, pharmacies, civic centers, libraries
- Free tests delivered to your home: usps.com/covidtests
- Community at-home and PCR testing sites: nvhealthresponse.nv.gov/find-covid-19-testing-in-nevada

2 Get fully vaccinated and boosted

Vaccines and boosters reduce the incidence and severity of COVID-19. Because being fully vaccinated varies depending on the age of your child, ask your pediatrician for guidance. Kids 12 and older can get vaccinated at a pharmacy. Visit nv.covidfighter.org to learn more.

3 Seek treatment

If anyone in your household tests positive for COVID-19, consult your health care provider immediately. Sensitive groups may need immediate therapeutic care. To discuss your options, call (800) 401-0946, 7:00 AM-8:00 PM daily, or visit nvhealthresponse.nv.gov/find-treatment.

4 Stay home

To stop the spread of COVID-19, students must stay home a minimum of five days if they are sick, unless seeking medical care. The CDC offers a helpful [guide \(cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation\)](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation) to estimate quarantine and isolation periods following illness onset or exposure to a confirmed COVID-19 case.





Mientras recibimos el nuevo año escolar, agradecemos sus esfuerzos por preservar la salud de su niño, nuestros maestros, miembros del personal y toda la organización escolar. Estas son algunas maneras de colaborar para mantener el COVID-19 fuera de nuestras escuelas.

1 Prepárese para hacer la prueba.

Para frenar la propagación del COVID-19, es importante hacerse la prueba a tiempo, al presentar síntomas o exponerse a un caso confirmado de COVID-19. Tenga a mano pruebas para hacer en casa. Si su niño tiene síntomas o no (ver más abajo), una prueba rápida en casa contribuye a eliminar o confirmar la presencia de COVID-19.

Symptoms include:

- Fiebre o escalofríos
- Tos
- Falta de aire o dificultad para respirar
- Fatiga
- Dolores musculares o corporales
- Dolor de cabeza
- Pérdida reciente del gusto o el olfato
- Dolor de garganta
- Congestión o goteo nasal
- Náuseas o vómitos
- Diarrea

*Fuente: [CDC.gov](https://www.cdc.gov)

Dónde obtener pruebas de COVID-19:

- Distritos de salud y de bomberos, clínicas de atención médica, farmacias, centros cívicos, bibliotecas
- Pruebas gratis para su hogar: usps.com/covidtests
- Sitios comunitarios de pruebas para casa y pruebas PCR: nvhealthresponse.nv.gov/find-covid-19-testing-in-nevada

2 Aplíquese todas las vacunas y refuerzos.

Las vacunas y los refuerzos reducen la incidencia y la gravedad del COVID-19. La vacunación completa varía dependiendo de la edad de su niño, por lo tanto, consulte a su pediatra. Los niños mayores de 12 años pueden vacunarse en una farmacia. Visite nvcovidfighter.org para obtener más información.

Busque tratamiento.

- ### 3
- Si alguien de su hogar da positivo de COVID-19, consulte de inmediato a su proveedor de salud. Los grupos de riesgo podrían requerir atención terapéutica de inmediato. Para conversar sobre las opciones, llame al (800) 401-0946, de 7:00 A. M. a 8:00 P. M. todos los días, o visite nvhealthresponse.nv.gov/find-treatment.

4 Quédese en casa.

Para frenar la propagación del COVID-19, los estudiantes deben quedarse en casa al menos 5 días si están enfermos, excepto para recibir atención médica. Los CDC ofrecen una práctica [calculadora de cuarentena/aislamiento \(cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation\)](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation) para calcular el periodo de cuarentena o aislamiento tras la aparición de la enfermedad o exposición a un caso confirmado de COVID-19 care.

